

Christopher Hoy

SAT - Flight C [OpenIPF Profile Link](#)

93 Class - Nom. Total 727.5kg

Junior Lifter

#Raw Full Power Comps - 7

#Total Comps - 7

Scotland International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	280	165	285	727.5	96.12
Last 5 Comps	280	165	300	727.5	96.12
All Time	280	165	300	727.5	96.12

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	67%	89%	0
Last 5 Comps	100%	87%	80%	89%	1
All Time	100%	81%	86%	89%	1

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	35.0	8.8	38.8	82.5	12.6%
Last 5 Comps	30.0	9.5	36.5	76.0	11.8%
All Time	27.5	9.6	30.7	67.9	10.9%

Competition Debut

Totalled 577.5kg in 93 class at Scottish Junior Championships in Sep 2023

National Championships Appearances

of times Previously Competed at Scottish Classic - 0

of Scottish PL National Championship Appearances - 4

of British PL National Championship Appearances - 1

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Feb-26	Luxembourg Open Invitational	93	280	165	282.5	727.5	96.12	8/9
Oct-25	Scottish Junior Championships	93	270	157.5	285	712.5	94	8/9
Apr-25	BUCS	93	265	162.5	300	727.5	95.98	9/9
Feb-25	SUCS	93	265	152.5	285	702.5	93.24	7/9
Sep-24	Scottish Junior Championships	93	245	155	270	670	88.3	8/9

Ciar White

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93 Class - Nom. Total 727.5kg

Open Lifter

#Raw Full Power Comps - 16

#Total Comps - 16

Scotland International Caps - 3



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	262.5	165	300	727.5	96.45
Last 5 Comps	262.5	165	300	727.5	96.45
All Time	262.5	165	300	727.5	96.45

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	67%	89%	0
Last 5 Comps	93%	100%	73%	89%	1
All Time	92%	94%	77%	88%	3

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	25.0	12.5	30.0	67.5	10.1%
Last 5 Comps	23.0	12.0	29.5	64.5	9.9%
All Time	19.2	10.6	25.5	55.3	10.1%

Competition Debut

Totalled 375kg in 74 class at Scottish Eastern Districts in Feb 2019

National Championships Appearances

of times Previously Competed at Scottish Classic - 2

of Scottish PL National Championship Appearances - 4

of British PL National Championship Appearances - 4

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	Spring Showdown	93	262.5	165	300	727.5	96.45	8/9
Jul-25	Scottish Classic Championships	93	260	165	285	710	93.23	8/9
Feb-25	European Small Nations	93	252.5	157.5	285	695	91.94	8/9
Oct-24	Commonwealth Powerlifting Championships	93	250	160	287.5	697.5	93.16	7/9
Apr-24	BUCS	93	255	155	295	705	93.62	9/9

Donald Stewart

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93 Class - Nom. Total 675kg

Open Lifter

#Raw Full Power Comps - 5

#Total Comps - 5



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	257.5	147.5	270	675	88.3
Last 5 Comps	257.5	147.5	275	675	88.3
All Time	257.5	147.5	275	675	88.3

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	67%	78%	0
Last 5 Comps	93%	87%	73%	84%	1
All Time	93%	87%	73%	84%	1

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	12.5	30.0	62.5	9.9%
Last 5 Comps	19.0	13.0	26.0	58.0	9.8%
All Time	19.0	13.0	26.0	58.0	9.8%

Competition Debut

Totalled 587.5kg in 93 class at Highland Open in Oct 2023

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 1

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Spring Open	93	257.5	147.5	270	675	88.3	7/9
Jul-25	Scottish Classic Championships	93	245	145	267.5	657.5	86.42	8/9
Mar-25	Eastern Open	93	237.5	135	267.5	640	85.41	7/9
Apr-24	Spring Open	93	227.5	135	275	637.5	83.8	9/9
Oct-23	Highland Open	93	215	122.5	250	587.5	77.47	7/9

Euan Macrae

SAT - Flight C [OpenIPF Profile Link](#)

93 Class - Nom. Total 735kg

Open Lifter

#Raw Full Power Comps - 5

#Total Comps - 5

Scotland International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	287.5	162.5	285	735	96.46
Last 5 Comps	293.5	162.5	285	735	96.46
All Time	293.5	162.5	285	735	96.46

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	83%	83%	78%	0
Last 5 Comps	80%	73%	87%	80%	0
All Time	80%	73%	87%	80%	0

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	13.8	26.3	62.5	9.3%
Last 5 Comps	24.7	11.5	25.5	61.7	9.8%
All Time	24.7	11.5	25.5	61.7	9.8%

Competition Debut

Totalled 610kg in 83 class at SUCS in Jan 2024

National Championships Appearances

of times Previously Competed at Scottish Classic - 0

of Scottish PL National Championship Appearances - 2

of British PL National Championship Appearances - 2

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Western Open	93	287.5	162.5	285	735	96.46	8/9
Nov-25	Home Nations	93	280	160	272.5	712.5	93.36	6/9
Feb-25	SUCS	93	293.5	155	277.5	726	95.33	7/9
Apr-24	BUCS	83	232.5	135	262.5	630	87.37	7/9
Jan-24	SUCS	83	225	135	250	610	85.87	8/9

Felix Vallejo Ruiz

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93 Class - Nom. Total 707.5kg

Open Lifter

#Raw Full Power Comps - 10

#Total Comps - 19

GB International Caps - 3

Scotland International Caps - 2



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	285	155	267.5	707.5	92.95
Last 5 Comps	285	160	267.5	710	92.98
All Time	285	160	280	710	92.98

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	100%	89%	0
Last 5 Comps	100%	83%	83%	89%	0
All Time	80%	77%	90%	82%	0

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	30.0	7.5	22.5	60.0	9.3%
Last 5 Comps	27.5	10.0	27.5	65.0	10.0%
All Time	27.8	10.8	28.0	66.6	11.8%

Competition Debut

Totalled 480kg in 93 class at Northern District Competition in Jan 2018

National Championships Appearances

of times Previously Competed at Scottish Classic - 3

of Scottish PL National Championship Appearances - 5

of British PL National Championship Appearances - 6

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Western Open	93	285	155	267.5	707.5	92.95	8/9
Jan-26	British Equipped Championships	93	315	170	317.5	802.5	87.23	6/9
Nov-25	Home Nations	105	307.5	182.5	310	800	85.58	6/9
Sep-25	Western European Championships	105	315	185	305	805	86.32	9/9
Jul-25	Scottish Classic Championships	93	285	160	265	710	92.98	8/9

Joshua Stein

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93 Class - Nom. Total 755kg

Open Lifter

#Raw Full Power Comps - 11

#Total Comps - 11

Scotland International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	267.5	172.5	315	755	98.98
Last 5 Comps	267.5	172.5	320	755	98.98
All Time	267.5	172.5	320	755	98.98

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	93%	93%	93%	93%	3
All Time	88%	85%	91%	88%	4

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	12.5	30.0	65.0	9.4%
Last 5 Comps	23.0	12.0	34.0	69.0	10.5%
All Time	23.2	12.0	37.5	72.7	12.2%

Competition Debut

Totalled 505kg in 83 class at Eastern Districts in Jan 2020

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 5

of British PL National Championship Appearances - 2

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Oct-25	Scottish Junior Championships	93	267.5	172.5	315	755	98.98	9/9
Jul-25	Scottish Classic Championships	105	260	170	320	750	96.96	9/9
May-25	Edinburgh Open	105	250	167.5	320	737.5	95.1	9/9
Feb-25	Northern Open	93	240	160	305	705	92.37	8/9
Nov-24	Autumn Open	93	235	160	290	685	90.09	7/9

Ricky Zhang

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93 Class - Nom. Total 752.5kg

Junior Lifter

#Raw Full Power Comps - 7

#Total Comps - 7

Scotland International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	275	167.5	310	752.5	99.77
Last 5 Comps	275	167.5	310	752.5	99.77
All Time	275	167.5	310	752.5	99.77

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	89%	78%	89%	85%	0
Last 5 Comps	93%	73%	87%	84%	0
All Time	90%	62%	90%	81%	0

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	28.3	14.2	38.3	80.8	12.6%
Last 5 Comps	23.5	11.5	32.5	67.5	10.8%
All Time	22.1	9.3	29.6	61.1	10.0%

Competition Debut

Totalled 595kg in 83 class at Winter Open in Nov 2023

National Championships Appearances

of times Previously Competed at Scottish Classic - 0

of Scottish PL National Championship Appearances - 4

of British PL National Championship Appearances - 1

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	BUCS	93	275	167.5	310	752.5	99.77	7/9
Feb-26	SUCS	93	265	165	280	710	96.54	8/9
Oct-25	Scottish Junior Championships	83	250	147.5	282.5	680	94.36	8/9
Feb-25	European Small Nations	83	235	135	260	630	87.88	7/9
Feb-25	SUCS	83	235	135	267.5	637.5	89.29	8/9

Sandor Lorincz

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93 Class - Nom. Total 690kg

Open Lifter

#Raw Full Power Comps - 5

#Total Comps - 5



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	265	155	270	690	90.99
Last 5 Comps	265	155	270	690	90.99
All Time	265	155	270	690	90.99

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	80%	80%	67%	76%	2
All Time	80%	80%	67%	76%	2

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	10.0	20.0	50.0	7.8%
Last 5 Comps	16.5	10.0	24.0	50.5	8.3%
All Time	16.5	10.0	24.0	50.5	8.3%

Competition Debut

Totalled 610kg in 93 class at Scottish Bench Press Championships in Jun 2024

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 2

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	Eastern Open	93	265	155	270	690	90.99	9/9
Jul-25	Scottish Classic Championships	93	245	150	255	650	86.22	6/9
Apr-25	Spring Open	93	245	147.5	270	662.5	88.17	6/9
Nov-24	Autumn Open	93	235	147.5	260	642.5	85.04	9/9
Jun-24	Scottish Bench Press Championships	93	230	140	240	610	80.87	4/9

Shaun Oliver

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93 Class - Nom. Total 675kg

Open Lifter

#Raw Full Power Comps - 6

#Total Comps - 6



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	247.5	155	272.5	675	89.35
Last 5 Comps	247.5	155	272.5	675	89.35
All Time	247.5	155	272.5	675	89.35

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	80%	87%	93%	87%	1
All Time	83%	89%	94%	89%	2

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	12.5	30.0	65.0	10.7%
Last 5 Comps	17.5	9.5	23.0	50.0	8.4%
All Time	17.9	9.6	22.5	50.0	8.6%

Competition Debut

Totalled 575kg in 93 class at Northern Districts in Mar 2024

National Championships Appearances

of times Previously Competed at Scottish Classic - 2

of Scottish PL National Championship Appearances - 2

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Western Open	93	247.5	155	272.5	675	89.35	9/9
Jul-25	Scottish Classic Championships	93	235	145	260	640	84.9	7/9
Apr-25	Spring Open	93	242.5	140	267.5	650	86.27	8/9
Nov-24	Winter Open	93	227.5	135	257.5	620	82.33	8/9
Jul-24	Scottish Classic Championships	93	215	132.5	252.5	600	79.81	7/9

Gerard Murphy

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120+ Class - Nom. Total 839kg

Junior Lifter

#Raw Full Power Comps - 8

#Total Comps - 8

GB International Caps - 2



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	325	182.5	331.5	839	89.5
Last 5 Comps	325	182.5	331.5	839	89.5
All Time	325	182.5	331.5	839	89.5

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	92%	83%	92%	1
Last 5 Comps	100%	93%	87%	93%	2
All Time	92%	83%	88%	88%	2

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	32.5	13.3	32.1	77.9	10.4%
Last 5 Comps	36.0	14.6	36.7	87.3	11.9%
All Time	31.3	15.1	36.1	82.4	11.6%

Competition Debut

Totalled 692.5kg in 120+ class at First Timers in Aug 2024

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 3

of British PL National Championship Appearances - 2

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
May-26	British Junior Championships	120+	325	180	320	825	89.5	8/9
Nov-25	European Junior Championships	120+	315	177.5	320	812.5	86	8/9
Oct-25	Scottish Junior Championships	120+	320	180	315	815	84.47	8/9
Aug-25	World Junior Championships	120+	325	182.5	331.5	839	86.63	9/9
Jul-25	Scottish Classic Championships	120+	320	182.5	325	827.5	84.07	9/9

James Wilson

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120 Class - Nom. Total 750kg

Masters 1 Lifter

#Raw Full Power Comps - 11

#Total Comps - 11

GB International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	300	162.5	287.5	750	88.84
Last 5 Comps	300	162.5	287.5	750	88.84
All Time	300	162.5	287.5	750	88.84

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	83%	83%	67%	78%	1
Last 5 Comps	87%	87%	73%	82%	2
All Time	88%	88%	82%	86%	4

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	30.0	11.3	41.3	82.5	12.3%
Last 5 Comps	29.5	12.0	35.0	76.5	11.7%
All Time	25.0	11.1	27.5	63.6	10.1%

Competition Debut

Totalled 600kg in 105 class at Western Districts in Feb 2022

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 4

of British PL National Championship Appearances - 4

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Jun-26	British Masters Championships	120	300	157.5	270	727.5	86.31	5/9
Mar-26	Scottish Masters Championships	120	300	162.5	287.5	750	88.84	9/9
Jun-25	British Masters Championships	120	292.5	162.5	275	730	86.64	9/9
Mar-25	Scottish Masters Championships	120	280	155	265	700	83.6	7/9
Jun-24	British Masters Championships	105	250	150	270	670	82.87	7/9

Kierran Leith

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120+ Class - Nom. Total 805kg

Open Lifter

#Raw Full Power Comps - 18

#Total Comps - 20

Scotland International Caps - 2



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	300	192.5	315	805	85.94
Last 5 Comps	370.5	192.5	325	885.5	92.75
All Time	370.5	192.5	330	885.5	93.08

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	83%	100%	83%	0
Last 5 Comps	87%	87%	87%	87%	1
All Time	81%	81%	78%	80%	1

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	28.8	18.8	42.5	90.0	12.8%
Last 5 Comps	37.6	15.5	45.0	98.1	13.6%
All Time	34.9	18.2	37.0	90.1	12.2%

Competition Debut

Totalled 747.5kg in 120+ class at Scottish Powerlifting Eastern Districts in Feb 2017

National Championships Appearances

of times Previously Competed at Scottish Classic - 4

of Scottish PL National Championship Appearances - 10

of British PL National Championship Appearances - 3

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Spring Open	120+	300	190	315	805	85.94	7/9
Nov-25	Edinburgh Winter Open	120+	275	192.5	300	767.5	82.26	8/9
Jul-25	Scottish Classic Championships	120+	325	185	315	825	90.37	9/9
Mar-25	Eastern Open	120+	300	180	295	775	84.67	7/9
Jul-24	Scottish Classic Championships	120+	370.5	190	325	885.5	92.75	8/9

Lewis Kelly

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120 Class - Nom. Total 855.5kg

Open Lifter

#Raw Full Power Comps - 30

#Total Comps - 32

GB International Caps - 6

Scotland International Caps - 4



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	315	205	325	842.5	98.62
Last 5 Comps	315	205	345.5	855.5	99.96
All Time	315	205	345.5	855.5	99.96

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	50%	83%	50%	61%	0
Last 5 Comps	67%	87%	73%	76%	1
All Time	71%	77%	83%	77%	4

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	12.5	47.5	82.5	10.7%
Last 5 Comps	24.5	12.5	37.1	74.1	9.5%
All Time	20.2	11.3	28.6	60.0	9.0%

Competition Debut

Totalled 415kg in 83 class at Scottish Powerlifting Western Districts in Mar 2017

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 9

of British PL National Championship Appearances - 10

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Feb-26	Luxembourg Open Invitational	120	285	205	315	805	93.74	6/9
Dec-25	British Open Classic Championships	120	315	202.5	325	842.5	98.62	5/9
Jul-25	Scottish Classic Championships	120	307.5	202.5	345.5	855.5	99.96	8/9
Dec-24	Home Nations	120+	302.5	197.5	330	830	96.38	6/9
Oct-24	Commonwealth Powerlifting Championships	120	310	202.5	340	852.5	99.43	9/9

Luke Stoney

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120+ Class - Nom. Total 765kg

Open Lifter

#Raw Full Power Comps - 5

#Total Comps - 5



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	275	180	310	765	83.63
Last 5 Comps	290	180	315	785	83.63
All Time	290	180	315	785	83.63

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	100%	80%	93%	91%	2
All Time	100%	80%	93%	91%	2

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	15.0	20.0	55.0	7.7%
Last 5 Comps	16.5	17.0	19.0	52.5	7.4%
All Time	16.5	17.0	19.0	52.5	7.4%

Competition Debut

Totalled 737.5kg in 120+ class at First Timers in Aug 2024

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 1

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Western Open	120+	275	180	310	765	83.63	9/9
Jul-25	Scottish Classic Championships	120+	290	180	315	785	83.07	9/9
Apr-25	Western Open	120+	282.5	180	315	777.5	83.09	8/9
Nov-24	Edinburgh Open	120+	270	155	315	740	79.21	7/9
Aug-24	First Timers	120+	260	172.5	305	737.5	78.51	8/9

Marc Keys

SAT - Flight D [OpenIPF Profile Link](#)

120 Class - Nom. Total 750kg

Masters 1 Lifter

#Raw Full Power Comps - 20

#Total Comps - 20

GB International Caps - 1

Scotland International Caps - 2



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	280	190	280	750	87.47
Last 5 Comps	280	200	285	760	88.48
All Time	295	215	305	810	94.3

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	67%	78%	0
Last 5 Comps	93%	87%	73%	84%	1
All Time	92%	87%	77%	85%	9

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	35.0	17.5	65.5	118.0	17.9%
Last 5 Comps	26.0	19.5	44.6	90.1	13.8%
All Time	17.1	12.1	23.0	52.3	7.8%

Competition Debut

Totalled 586kg in 90 class at Scottish Classic Championships in Jul 2009

National Championships Appearances

of times Previously Competed at Scottish Classic - 5

of Scottish PL National Championship Appearances - 7

of British PL National Championship Appearances - 5

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	Scottish Masters Championships	120	280	190	280	750	87.47	7/9
Mar-25	Scottish Masters Championships	120	255	190	282.5	727.5	84.85	9/9
Nov-24	British Open Classic Championships	120	250	190	285	725	84.49	8/9
Jul-24	Scottish Classic Championships	120	255	180	282.5	717.5	83.59	7/9
Oct-23	Highland Open	120	280	200	280	760	88.48	7/9

Matthew Docherty

SAT - Flight D [OpenIPF Profile Link](#)

120 Class - Nom. Total 700kg

Open Lifter

#Raw Full Power Comps - 6

#Total Comps - 6



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	272.5	155	272.5	700	82.91
Last 5 Comps	272.5	155	272.5	700	82.91
All Time	272.5	155	272.5	700	82.91

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	80%	87%	87%	84%	2
All Time	78%	83%	83%	81%	2

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	10.0	32.5	65.0	10.2%
Last 5 Comps	16.5	11.5	27.5	55.5	9.3%
All Time	17.9	12.1	26.7	56.7	9.8%

Competition Debut

Totalled 550kg in 105 class at Northern Districts in Feb 2023

National Championships Appearances

of times Previously Competed at Scottish Classic - 1

of Scottish PL National Championship Appearances - 1

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Nov-25	Winter Open	120	272.5	155	272.5	700	82.91	9/9
Feb-25	Northern Open	120	262.5	145	257.5	665	80.2	7/9
Jul-24	Scottish Classic Championships	105	235	142.5	255	632.5	78.62	7/9
Mar-24	Northern Districts	105	230	137.5	262.5	630	78.48	9/9
Oct-23	Highland Open	105	200	130	250	580	72.12	6/9

Michal Martin

SAT - Flight D [OpenIPF Profile Link](#)

120 Class - Nom. Total 750kg

Open Lifter

#Raw Full Power Comps - 13

#Total Comps - 13

GB International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	282.5	175	292.5	750	87.99
Last 5 Comps	282.5	175	292.5	750	88.55
All Time	282.5	175	292.5	750	88.55

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	93%	93%	93%	93%	3
All Time	90%	85%	90%	88%	4

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	32.5	15.0	32.5	80.0	11.9%
Last 5 Comps	26.0	12.0	25.0	63.0	9.6%
All Time	21.5	11.9	24.2	57.7	9.6%

Competition Debut

Totalled 565kg in 105 class at Scottish Western Districts in Feb 2018

National Championships Appearances

of times Previously Competed at Scottish Classic - 2

of Scottish PL National Championship Appearances - 5

of British PL National Championship Appearances - 0

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	Eastern Open	120	282.5	175	292.5	750	87.99	9/9
Jul-25	Scottish Classic Championships	120	277.5	165	285	727.5	86.99	9/9
Mar-25	Eastern Open	105	270	162.5	282.5	715	88.55	9/9
Jun-22	Scottish Classic Championships	120	255	165	270	690	82.61	8/9
Feb-22	Eastern Districts	120	242.5	157.5	275	675	80.36	7/9

Ron Kane

SAT - Flight D [OpenIPF Profile Link](#)

120+ Class - Nom. Total 710kg

Masters 1 Lifter

#Raw Full Power Comps - 12

#Total Comps - 12

Scotland International Caps - 1



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	260	175	285	715	78.58
Last 5 Comps	260	175	290	715	78.58
All Time	260	175	290	720	78.58

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	67%	67%	67%	0
Last 5 Comps	73%	60%	67%	67%	0
All Time	75%	61%	67%	68%	1

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	21.3	11.3	26.3	58.8	8.8%
Last 5 Comps	16.5	11.5	26.6	54.6	8.2%
All Time	17.5	11.3	22.4	51.1	8.0%

Competition Debut

Totalled 580kg in 120+ class at Scottish Western Districts in Feb 2019

National Championships Appearances

of times Previously Competed at Scottish Classic - 0

of Scottish PL National Championship Appearances - 3

of British PL National Championship Appearances - 4

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Jun-26	British Masters Championships	120+	260	175	280	715	78.57	6/9
Nov-25	Hands Across The Sea	120+	255	170	285	710	78.58	6/9
Jun-25	British Masters Championships	120+	250	170	260	680	75.35	5/9
Mar-25	Scottish Masters Championships	120+	255	165	290	710	78.16	5/9
Oct-24	Commonwealth Powerlifting Championships	120+	245	175	287.5	707.5	76.98	8/9

Scott Simon

SAT - Flight D [OpenIPF Profile Link](#)

120 Class - Nom. Total 697.5kg

Masters 2 Lifter

#Raw Full Power Comps - 21

#Total Comps - 49

GB International Caps - 24

Scotland International Caps - 6



Personal Bests *Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	217.5	217.5	267.5	697.5	83.18
Last 5 Comps	312.5	222.5	297.5	822.5	97.54
All Time	312.5	222.5	305	822.5	98.1

Attempt Selection Success% *Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	33%	67%	100%	67%	0
Last 5 Comps	83%	75%	83%	81%	0
All Time	94%	78%	90%	87%	6

Jumps Taken *Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	22.5	7.5	27.5	57.5	8.6%
Last 5 Comps	25.8	10.0	31.3	67.0	9.0%
All Time	22.4	10.2	26.8	59.4	8.4%

Competition Debut

Totalled 630kg in 110 class at Home Nations in Oct 2003

National Championships Appearances

of times Previously Competed at Scottish Classic - 2

of Scottish PL National Championship Appearances - 4

of British PL National Championship Appearances - 13

Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
May-26	World Bench Championships	120		217.5		217.5	93.65	2/3
Feb-26	European Masters Championships	120	217.5	212.5	267.5	697.5	83.18	6/9
Jul-25	Scottish Classic Championships	120	312.5	212.5	297.5	822.5	97.54	8/9
Jun-25	British Masters Championships	120	310	212.5	290	812.5	96.09	7/9
Feb-25	European Masters Championships	120	308	218	295	821	97.03	8/9