

# Aimee Jarvie

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 410kg

Open Lifter

#Raw Full Power Comps - 20

#Total Comps - 21

GB International Caps - 2

Scotland International Caps - 5



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	157.5	80	177.5	410	91.03
Last 5 Comps	157.5	82.5	177.5	410	91.07
All Time	157.5	82.5	177.5	410	92.22

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	83%	67%	100%	83%	0
Last 5 Comps	80%	80%	80%	80%	1
All Time	73%	65%	80%	73%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	13.8	5.0	18.8	37.5	10.1%
Last 5 Comps	14.0	6.5	14.5	35.0	9.4%
All Time	10.8	5.4	12.4	28.6	8.4%

## Competition Debut

Totalled 252.5kg in 57 class at Scottish Junior Championships in Oct 2018

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 3

# of Scottish PL National Championship Appearances - 7

# of British PL National Championship Appearances - 6

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Nov-25	Home Nations	63	157.5	75	177.5	410	91.03	7/9
Sep-25	Paisley Barbell Club Competition	63	145	80	175	400	88.34	8/9
Jul-25	Scottish Classic Championships	63	155	82.5	170	407.5	91.07	7/9
Nov-24	British Open Classic Championships	63	157.5	77.5	172.5	407.5	90.57	9/9
Oct-24	Commonwealth Powerlifting Championships	63	150	75	160	385	85.57	5/9



# Emily Gillanders

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 397.5kg

Open Lifter

#Raw Full Power Comps - 9

#Total Comps - 9

Scotland International Caps - 1



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	163.5	72.5	170	398.5	87.91
Last 5 Comps	167.5	72.5	175	405	89.07
All Time	168	72.5	175	405	89.07

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	67%	100%	78%	1
Last 5 Comps	80%	73%	93%	82%	2
All Time	85%	67%	96%	83%	2

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	13.7	8.3	21.7	43.7	12.3%
Last 5 Comps	14.4	8.0	22.0	44.4	12.4%
All Time	15.3	8.1	21.4	44.7	13.3%

## Competition Debut

Totalled 327.5kg in 63 class at SUCS in Jan 2024

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 1

# of Scottish PL National Championship Appearances - 5

# of British PL National Championship Appearances - 3

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	BUCS	63	163.5	65	170	398.5	87.91	6/9
Feb-26	Luxembourg Open Invitational	63	157.5	72.5	167.5	397.5	87.54	6/9
Feb-26	SUCS	63	160	72.5	162.5	395	87.05	9/9
Jul-25	Scottish Classic Championships	63	167.5	67.5	170	405	89.07	7/9
Apr-25	BUCS	63	163.5	65	175	403.5	88.74	9/9

# Emira Shakirova

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 385kg

Open Lifter

#Raw Full Power Comps - 5

#Total Comps - 5



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	140	85	160	385	86.04
Last 5 Comps	140	87.5	160	385	86.04
All Time	140	87.5	160	385	86.04

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	100%	89%	0
Last 5 Comps	67%	73%	80%	73%	0
All Time	67%	73%	80%	73%	0

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	15.0	7.5	15.0	37.5	10.7%
Last 5 Comps	13.5	7.0	13.0	33.5	10.2%
All Time	13.5	7.0	13.0	33.5	10.2%

## Competition Debut

Totalled 312.5kg in 63 class at Winter Open in Nov 2023

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 3

# of British PL National Championship Appearances - 1

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Oct-25	Scottish Junior Championships	63	140	85	160	385	86.04	8/9
Jul-25	Scottish Classic Championships	63	135	87.5	157.5	380	84.37	7/9
Nov-24	British Open Classic Championships	63	115	85	142.5	342.5	76.46	4/9
Jul-24	Scottish Classic Championships	63	117.5	85	150	352.5	77.28	7/9
Nov-23	Winter Open	63	110	65	137.5	312.5	70.15	7/9

# Erin Hogg

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 380kg

Open Lifter

#Raw Full Power Comps - 9

#Total Comps - 9



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	142.5	72.5	165	380	84.28
Last 5 Comps	142.5	72.5	165	380	84.28
All Time	142.5	72.5	165	380	84.28

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	100%	100%	100%	1
Last 5 Comps	93%	87%	93%	91%	3
All Time	81%	81%	93%	85%	3

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	15.0	7.5	22.5	45.0	13.4%
Last 5 Comps	13.5	7.0	18.0	38.5	12.4%
All Time	11.4	6.4	16.1	33.9	11.9%

## Competition Debut

Totalled 245kg in 57 class at Halloween Open in Oct 2021

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 3

# of British PL National Championship Appearances - 1

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Western Open	63	142.5	72.5	165	380	84.28	9/9
Jul-25	Scottish Classic Championships	63	142.5	67.5	152.5	362.5	79.8	9/9
Mar-25	Eastern Open	63	135	62.5	142.5	340	75.33	9/9
Jul-24	Scottish Classic Championships	63	130	60	140	330	72.35	7/9
Feb-24	Western Districts	63	130	55	130	315	69.79	7/9

# Faye McKie

SUN - Flight A [OpenPF Profile Link](#)

63 Class - Nom. Total 422.5kg

Open Lifter

#Raw Full Power Comps - 10

#Total Comps - 10

Scotland International Caps - 2



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	152.5	107.5	170	430	92.91
Last 5 Comps	160	107.5	180	447.5	94.28
All Time	160	107.5	180	447.5	94.28

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	83%	100%	83%	89%	1
Last 5 Comps	80%	87%	80%	82%	1
All Time	80%	83%	83%	82%	2

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	16.3	10.0	21.3	47.5	12.5%
Last 5 Comps	13.5	7.5	19.5	40.5	10.6%
All Time	13.0	7.8	16.3	37.0	10.2%

## Competition Debut

Totalled 337.5kg in 63 class at Eastern Districts in Feb 2022

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 4

# of Scottish PL National Championship Appearances - 4

# of British PL National Championship Appearances - 2

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Spring Open	63	150	102.5	170	422.5	92.91	9/9
Dec-25	British Open Classic Championships	69	152.5	107.5	170	430	92.25	7/9
Jul-25	Scottish Classic Championships	69	160	107.5	180	447.5	94.28	8/9
Oct-24	Commonwealth Powerlifting Championships	69	147.5	95	160	402.5	83.9	7/9
Jul-24	Scottish Classic Championships	63	142.5	95	165	402.5	88.52	6/9



# Jennifer Mackenzie

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 385kg

Junior Lifter

#Raw Full Power Comps - 8

#Total Comps - 8



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	135	90	160	385	86.63
Last 5 Comps	140	90	162.5	387.5	86.63
All Time	140	90	162.5	387.5	86.63

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	100%	100%	89%	0
Last 5 Comps	80%	100%	87%	89%	2
All Time	88%	92%	88%	89%	3

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	10.0	20.0	50.0	14.5%
Last 5 Comps	18.5	9.0	24.0	51.5	15.7%
All Time	19.4	9.4	23.1	51.9	17.4%

## Competition Debut

Totalled 282.5kg in 63 class at Scottish Equipped Championships and Spring Open in Apr 2023

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 1

# of Scottish PL National Championship Appearances - 5

# of British PL National Championship Appearances - 2

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Oct-25	Scottish Junior Championships	63	135	90	160	385	86.63	8/9
Jul-25	Scottish Classic Championships	63	140	85	162.5	387.5	86.6	9/9
Apr-25	BUCS	63	127.5	82.5	155	365	81.67	6/9
Feb-25	SUCS	69	140	77.5	150	367.5	79.76	8/9
Sep-24	Scottish Junior Championships	63	125	75	152.5	352.5	78.69	9/9

# Jessica Conti

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 425kg

Open Lifter

#Raw Full Power Comps - 8

#Total Comps - 8

Scotland International Caps - 1



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	162.5	92.5	170	425	93.17
Last 5 Comps	162.5	95	170	425	93.17
All Time	162.5	95	170	425	93.17

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	100%	89%	0
Last 5 Comps	87%	87%	100%	91%	2
All Time	88%	83%	100%	90%	3

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	17.5	10.0	15.0	42.5	11.0%
Last 5 Comps	17.0	7.5	20.5	45.0	12.4%
All Time	16.3	7.8	18.4	42.5	12.4%

## Competition Debut

Totalled 307.5kg in 63 class at Northern Districts in Nov 2022

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 3

# of Scottish PL National Championship Appearances - 3

# of British PL National Championship Appearances - 1

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Dec-25	British Open Classic Championships	63	162.5	92.5	170	425	93.17	8/9
Jul-25	Scottish Classic Championships	63	157.5	95	170	422.5	92.63	9/9
Oct-24	Commonwealth Powerlifting Championships	63	150	90	165	405	89.73	9/9
Jul-24	Scottish Classic Championships	63	147.5	85	160	392.5	86.59	8/9
Mar-24	Northern Districts	69	147.5	82.5	155	385	82.21	7/9

# Nikola Murray

SUN - Flight A [OpenIPF Profile Link](#)

47 Class - Nom. Total 335kg

Open Lifter

#Raw Full Power Comps - 12

#Total Comps - 12

GB International Caps - 2

Scotland International Caps - 2



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	122.5	62.5	150	335	96.78
Last 5 Comps	122.5	62.5	150	335	98.71
All Time	122.5	62.5	150	335	98.71

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	78%	67%	81%	0
Last 5 Comps	87%	67%	80%	78%	0
All Time	81%	69%	83%	78%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	10.0	5.0	14.7	29.7	9.6%
Last 5 Comps	10.1	4.5	13.8	28.4	9.3%
All Time	9.5	4.4	12.2	26.0	9.0%

## Competition Debut

Totalled 262.5kg in 43 class at Western Districts in Nov 2022

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 2

# of British PL National Championship Appearances - 4

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	European Championships	47	122.5	62.5	150	335	96.63	8/9
Dec-25	British Open Classic Championships	47	122.5	60	147.5	330	96.78	7/9
Sep-25	Western European Championships	47	122.5	60	147.5	330	96.73	7/9
Jul-25	Scottish Classic Championships	47	115	60	147.5	322.5	97.45	6/9
Dec-24	Home Nations	47	120	55	150	325	98.71	7/9

# Samantha Smith

SUN - Flight A [OpenIPF Profile Link](#)

63 Class - Nom. Total 425kg

Open Lifter

#Raw Full Power Comps - 8

#Total Comps - 8

GB International Caps - 1

Scotland International Caps - 2



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	157.5	85	190	425	96.63
Last 5 Comps	157.5	85	195	430	96.63
All Time	157.5	85	195	430	96.63

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	83%	83%	89%	1
Last 5 Comps	93%	87%	93%	91%	3
All Time	96%	88%	96%	93%	5

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	6.3	21.3	47.5	12.7%
Last 5 Comps	16.5	7.0	23.0	46.5	12.3%
All Time	16.6	7.8	23.4	47.8	13.7%

## Competition Debut

Totalled 340kg in 63 class at SUCS in Jan 2024

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 0

# of Scottish PL National Championship Appearances - 2

# of British PL National Championship Appearances - 4

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Nov-25	Home Nations	63	145	85	190	420	92.17	9/9
Jul-25	University World Championships	63	157.5	80	187.5	425	96.63	7/9
Apr-25	BUCS	63	155	80	192.5	427.5	95.86	9/9
Mar-25	British Junior Championships	63	155	80	195	430	96.1	9/9
Feb-25	SUCS	63	150	75	190	415	92.44	7/9

# Catriona Bell

SUN - Flight B [OpenIPF Profile Link](#)

84+ Class - Nom. Total 510kg

Open Lifter

#Raw Full Power Comps - 11

#Total Comps - 12

Scotland International Caps - 2



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	205	110	195	510	90.37
Last 5 Comps	205	110	195	510	90.37
All Time	205	110	195	510	90.37

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	100%	67%	67%	78%	0
Last 5 Comps	100%	87%	87%	91%	2
All Time	94%	85%	91%	90%	5

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	20.0	7.5	22.5	50.0	10.6%
Last 5 Comps	19.0	8.0	21.5	48.5	11.0%
All Time	19.1	8.6	20.2	48.0	11.8%

## Competition Debut

Totalled 392.5kg in 84+ class at Winter Open in Nov 2021

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 3

# of Scottish PL National Championship Appearances - 3

# of British PL National Championship Appearances - 4

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Dec-25	British Open Classic Championships	84+	205	110	195	510	90.37	7/9
Jul-25	Scottish Classic Championships	84+	200	107.5	192.5	500	89.05	8/9
Feb-25	European Small Nations	84+	190	105	190	485	86.13	9/9
Nov-24	British Open Classic Championships	84+	185	100	185	470	84.64	9/9
Jul-24	Scottish Classic Championships	84+	182.5	102.5	180	465	84.37	8/9

# Claire Tocher

**SUN - Flight B** [OpenIPF Profile Link](#)

**84+ Class - Nom. Total 417.5kg**

Masters 1 Lifter

#Raw Full Power Comps - 20

#Total Comps - 28

GB International Caps - 1

Scotland International Caps - 7



## Personal Bests \*Raw Comps only

	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>Total</b>	<b>GL</b>
<b>Last 12m</b>	145	102.5	170	417.5	78.66
<b>Last 5 Comps</b>	172.5	105	190	467.5	83.68
<b>All Time</b>	172.5	105	190	467.5	83.68

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>All</b>	<b>9for9s</b>
<b>Last 12m</b>	100%	100%	100%	100%	1
<b>Last 5 Comps</b>	93%	87%	87%	89%	3
<b>All Time</b>	90%	68%	80%	79%	3

## Jumps Taken \*Raw Full Power Comps only

Averages of	<b>SQ1-3</b>	<b>BP1-3</b>	<b>DL1-3</b>	<b>kg diff 1-3</b> <b>Attempt</b>	<b>% diff 1-3</b> <b>Attempt</b>
<b>Last 12m</b>	15.0	7.5	15.0	37.5	9.9%
<b>Last 5 Comps</b>	16.5	8.0	23.0	47.5	11.6%
<b>All Time</b>	13.9	7.2	19.3	40.3	10.4%

## Competition Debut

Totalled 367.5kg in 84 class at Scottish Powerlifting Eastern Districts in Feb 2016

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 8

# of Scottish PL National Championship Appearances - 9

# of British PL National Championship Appearances - 5

## Last 5 Competitions

<b>DATE</b>	<b>Competition</b>	<b>WC</b>	<b>S</b>	<b>B</b>	<b>D</b>	<b>Total</b>	<b>GL</b>	<b>G.Lifts</b>
Apr-26	Spring Open	84+	145	102.5	170	417.5	78.66	9/9
Jul-25	Scottish Classic Championships	84+	172.5	105	190	467.5	83.68	9/9
Apr-25	Spring Open	84+	170	105	185	460	82.33	9/9
Jul-24	Scottish Classic Championships	84+	155	102.5	187.5	445	80.91	6/9
Oct-23	Highland Open	84+	165	100	185	450	82.59	7/9

# Hannah Thorley

SUN - Flight B [OpenIPF Profile Link](#)

84+ Class - Nom. Total 405kg

Open Lifter

#Raw Full Power Comps - 6

#Total Comps - 6



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	152.5	87.5	170	405	70.89
Last 5 Comps	157.5	87.5	175	410	71.85
All Time	157.5	87.5	175	410	71.85

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	83%	83%	50%	72%	0
Last 5 Comps	80%	87%	60%	76%	0
All Time	72%	83%	67%	74%	0

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	15.0	6.3	15.0	36.3	9.5%
Last 5 Comps	15.0	5.5	15.5	36.0	10.0%
All Time	14.2	5.8	16.3	36.3	10.5%

## Competition Debut

Totalled 312.5kg in 84+ class at Winter Open in Nov 2023

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 1

# of Scottish PL National Championship Appearances - 1

# of British PL National Championship Appearances - 0

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Mar-26	Eastern Open	84+	152.5	87.5	165	405	70.89	5/9
Nov-25	Winter Open	84+	145	87.5	170	402.5	70.58	8/9
Jul-25	Scottish Classic Championships	84+	157.5	82.5	170	410	71.85	5/9
Nov-24	Winter Open	84+	142.5	75	175	392.5	69.14	8/9
Feb-24	Western Districts	84+	125	62.5	150	337.5	59.42	8/9

# Holly Judge

SUN - Flight B [OpenIPF Profile Link](#)

57 Class - Nom. Total 342.5kg

Open Lifter

#Raw Full Power Comps - 10

#Total Comps - 14

Scotland International Caps - 2



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	125	72.5	150	342.5	81.2
Last 5 Comps	125	72.5	150	342.5	81.2
All Time	125	72.5	150	342.5	81.4

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	83%	50%	100%	78%	0
Last 5 Comps	92%	50%	83%	75%	0
All Time	87%	60%	83%	77%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	12.5	6.3	12.5	31.3	9.8%
Last 5 Comps	11.3	5.6	11.9	28.8	9.1%
All Time	10.3	5.5	12.5	28.3	9.1%

## Competition Debut

Totalled 317.5kg in 57 class at Western Districts in Nov 2022

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 3

# of Scottish PL National Championship Appearances - 5

# of British PL National Championship Appearances - 4

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
May-26	Scottish Bench Press Championships	57		85		85	55.09	2/3
Apr-26	Spring Open	57	120	72.5	150	342.5	80.87	7/9
Dec-25	British Open Classic Championships	57	125	67.5	150	342.5	81.2	7/9
Jul-25	Scottish Classic Championships	57	125	72.5	145	342.5	80.87	7/9
Feb-25	European Small Nations	57	120	65	145	330	78.78	6/9



# Joanne Parkin

**SUN - Flight B** [OpenIPF Profile Link](#)

**84+ Class - Nom. Total 502.5kg**

Masters 2 Lifter

#Raw Full Power Comps - 22

#Total Comps - 44

GB International Caps - 12

Scotland International Caps - 4



## Personal Bests \*Raw Comps only

	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>Total</b>	<b>GL</b>
<b>Last 12m</b>	196	122.5	202.5	504	85.61
<b>Last 5 Comps</b>	196	122.5	202.5	504	85.61
<b>All Time</b>	196	122.5	202.5	504	85.77

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>All</b>	<b>9for9s</b>
<b>Last 12m</b>	83%	67%	75%	75%	0
<b>Last 5 Comps</b>	87%	73%	73%	78%	0
<b>All Time</b>	76%	70%	70%	72%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	<b>SQ1-3</b>	<b>BP1-3</b>	<b>DL1-3</b>	<b>kg diff 1-3</b> <b>Attempt</b>	<b>% diff 1-3</b> <b>Attempt</b>
<b>Last 12m</b>	14.0	6.0	19.0	39.0	8.4%
<b>Last 5 Comps</b>	13.7	5.8	18.2	37.7	8.1%
<b>All Time</b>	14.0	8.0	15.7	37.8	9.0%

## Competition Debut

Totalled 325kg in 84+ class at Scottish Masters Championships in Aug 2018

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 12

# of British PL National Championship Appearances - 13

## Last 5 Competitions

<b>DATE</b>	<b>Competition</b>	<b>WC</b>	<b>S</b>	<b>B</b>	<b>D</b>	<b>Total</b>	<b>GL</b>	<b>G.Lifts</b>
Jun-26	British Masters Championships	84+	196	118	190	504	85.61	8/9
Mar-26	Scottish Masters Championships	84+	185	107.5	195	487.5	82.85	5/9
Feb-26	European Masters Championships	84+	190	107.5	195	492.5	83.88	6/9
Oct-25	World Equipped Championships	84+	185	115	202.5	502.5	85.41	8/9
Jul-25	Scottish Classic Championships	84+	187.5	112.5	200	500	85.44	8/9



# Lauren Murray

SUN - Flight B [OpenIPF Profile Link](#)

52 Class - Nom. Total 317.5kg

Open Lifter

#Raw Full Power Comps - 8

#Total Comps - 9

Scotland International Caps - 1



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	117.5	67.5	135	317.5	90.26
Last 5 Comps	117.5	70	135	317.5	90.26
All Time	117.5	70	135	317.5	90.26

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	78%	56%	78%	70%	0
Last 5 Comps	87%	53%	80%	73%	0
All Time	79%	63%	88%	76%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	6.7	3.3	12.5	22.5	7.6%
Last 5 Comps	10.0	4.1	15.0	29.1	10.6%
All Time	9.1	4.8	13.1	26.9	10.2%

## Competition Debut

Totalled 245kg in 57 class at Eastern Districts in Feb 2023

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 1

# of Scottish PL National Championship Appearances - 1

# of British PL National Championship Appearances - 2

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Feb-26	Luxembourg Open Invitational	47	115	67.5	135	317.5	90.26	8/9
Dec-25	British Open Classic Championships	47	117.5	67.5	130	315	89.43	4/9
Aug-25	Northern Open Qualifier	47	117.5	65	127.5	310	86.48	7/9
Jul-25	Scottish Classic Championships	47	115	67.5	125	307.5	86.53	6/9
May-25	Edinburgh Open	47	105	65	122.5	292.5	81.25	8/9

# Mairi Scobie

**SUN - Flight B** [OpenIPF Profile Link](#)

**84+ Class - Nom. Total 450kg**

Open Lifter

#Raw Full Power Comps - 10

#Total Comps - 11

Scotland International Caps - 1



## Personal Bests \*Raw Comps only

	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>Total</b>	<b>GL</b>
<b>Last 12m</b>	150	100	200	450	77.13
<b>Last 5 Comps</b>	152.5	105	200	457.5	78.96
<b>All Time</b>	152.5	105	200	457.5	78.96

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>All</b>	<b>9for9s</b>
<b>Last 12m</b>	100%	100%	100%	100%	1
<b>Last 5 Comps</b>	93%	87%	73%	84%	1
<b>All Time</b>	87%	77%	77%	80%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	<b>SQ1-3</b>	<b>BP1-3</b>	<b>DL1-3</b>	<b>kg diff 1-3</b> <b>Attempt</b>	<b>% diff 1-3</b> <b>Attempt</b>
<b>Last 12m</b>	17.5	10.0	25.0	52.5	13.2%
<b>Last 5 Comps</b>	13.5	7.5	23.1	44.1	10.8%
<b>All Time</b>	12.5	7.3	19.3	39.1	10.2%

## Competition Debut

Totalled 362.5kg in 84 class at Scottish Eastern Districts in Feb 2019

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 3

# of Scottish PL National Championship Appearances - 4

# of British PL National Championship Appearances - 2

## Last 5 Competitions

<b>DATE</b>	<b>Competition</b>	<b>WC</b>	<b>S</b>	<b>B</b>	<b>D</b>	<b>Total</b>	<b>GL</b>	<b>G.Lifts</b>
Apr-26	Spring Open	84+	150	100	200	450	77.13	9/9
Jul-25	Scottish Classic Championships	84+	152.5	105	200	457.5	78.96	7/9
Nov-24	British Open Classic Championships	84+	152.5	102.5	190	445	76	7/9
Jul-24	Scottish Classic Championships	84+	147.5	97.5	190	435	75.01	8/9
Feb-24	Western Districts	84+	140	95	187.5	422.5	73.03	7/9



# Maryam Farooq

SUN - Flight B [OpenIPF Profile Link](#)

57 Class - Nom. Total 325kg

Open Lifter

#Raw Full Power Comps - 6

#Total Comps - 6



## Personal Bests \*Raw Comps only

	SQ	BP	DL	Total	GL
Last 12m	105	70	150	325	76.85
Last 5 Comps	107.5	70	150	325	78.46
All Time	107.5	70	150	325	78.46

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	SQ	BP	DL	All	9for9s
Last 12m	67%	100%	100%	89%	0
Last 5 Comps	87%	87%	93%	89%	1
All Time	78%	83%	94%	85%	1

## Jumps Taken \*Raw Full Power Comps only

Averages of	SQ1-3	BP1-3	DL1-3	kg diff 1-3 Attempt	% diff 1-3 Attempt
Last 12m	12.5	7.5	17.5	37.5	12.8%
Last 5 Comps	13.0	8.0	16.0	37.0	13.6%
All Time	12.5	7.9	15.4	35.8	13.3%

## Competition Debut

Totalled 272.5kg in 52 class at Winter Open in Nov 2023

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 2

# of British PL National Championship Appearances - 1

## Last 5 Competitions

DATE	Competition	WC	S	B	D	Total	GL	G.Lifts
Apr-26	Spring Open	57	105	70	150	325	76.85	8/9
Jul-25	Scottish Classic Championships	57	107.5	67.5	147.5	322.5	77.98	8/9
Nov-24	British Open Classic Championships	52	100	65	140	305	78.46	9/9
Jul-24	Scottish Classic Championships	57	92.5	62.5	135	290	70.96	7/9
Feb-24	Western Districts	52	100	57.5	135	292.5	73.86	8/9

# Molly Clark

**SUN - Flight B** [OpenIPF Profile Link](#)

52 Class - Nom. Total 388.5kg

Open Lifter

#Raw Full Power Comps - 12

#Total Comps - 12

GB International Caps - 2

Scotland International Caps - 3



## Personal Bests \*Raw Comps only

	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>Total</b>	<b>GL</b>
<b>Last 12m</b>	140	98.5	150	388.5	100.12
<b>Last 5 Comps</b>	140	98.5	155	388.5	100.12
<b>All Time</b>	140	98.5	155	388.5	100.12

## Attempt Selection Success% \*Raw Full Power Comps only

Averages of	<b>SQ</b>	<b>BP</b>	<b>DL</b>	<b>All</b>	<b>9for9s</b>
<b>Last 12m</b>	100%	100%	67%	89%	0
<b>Last 5 Comps</b>	100%	100%	80%	93%	2
<b>All Time</b>	97%	89%	78%	88%	3

## Jumps Taken \*Raw Full Power Comps only

Averages of	<b>SQ1-3</b>	<b>BP1-3</b>	<b>DL1-3</b>	<b>kg diff 1-3</b> <b>Attempt</b>	<b>% diff 1-3</b> <b>Attempt</b>
<b>Last 12m</b>	11.3	8.0	12.5	31.8	8.9%
<b>Last 5 Comps</b>	10.5	8.3	14.0	32.8	9.4%
<b>All Time</b>	11.0	7.8	13.5	32.4	10.1%

## Competition Debut

Totalled 307.5kg in 52 class at Halloween Open in Oct 2021

## National Championships Appearances

# of times Previously Competed at Scottish Classic - 2

# of Scottish PL National Championship Appearances - 4

# of British PL National Championship Appearances - 3

## Last 5 Competitions

<b>DATE</b>	<b>Competition</b>	<b>WC</b>	<b>S</b>	<b>B</b>	<b>D</b>	<b>Total</b>	<b>GL</b>	<b>G.Lifts</b>
Dec-25	British Open Classic Championships	52	140	98.5	150	388.5	100.12	8/9
Nov-25	Home Nations	57	137.5	95	150	382.5	96.43	8/9
Jul-25	Scottish Classic Championships	52	135	93	155	383	97.36	9/9
Feb-25	European Small Nations	52	130	92.5	150	372.5	95.71	8/9
Jul-24	Scottish Classic Championships	57	127.5	90	155	372.5	91.7	9/9



